## AUGUST / SEPTEMBER 2023

# Clare County 4-H Family News



## **IMPORTANT DATES & ANNOUNCEMENTS**

#### Enrollment for the 2023-2024 4-H Year Opens September 15 Enroll for the new 4-H year by going to <u>4-H Online</u> Need help? See the <u>4-H Online</u> Enrollment Guide

## The 4-H Honor Club System

This is a great way to earn a monetary prize for your club! The Clare County 4-H Council awards clubs for participating in 4-H related activities. To learn more, see the <u>4-H Honor Clubs</u> **SUBMIT CREDIT FOR THE 2022-2023 YEAR BY AUGUST 31** 2022-2023 4-H Honor Club Credit Form

#### 4-H Awards Nominations Extended to Friday, August 25th - 5 PM

Nominate friends, families, and yourself for the 2022-2023 Clare County 4-H Awards! To nominate, go to <u>*Clare County 4-H Awards*</u>

#### Applications for Awards Nominations are Due September 22

Not all award nominations require an application. Only for 4-H members nominated for a competitive award

#### Annual 4-H Youth Leadership Council Elections on Tuesday, September 26

Support, nominate, and elect the 2023-2024 council members Join us at 6:30PM - Pere Marquette District Library in Clare, MI

#### 4-H Leaders Meeting & 4-H Council Meeting Wednesday, September 27

Welcome in the new 4-H year with the 4-H Council! The 4-H Leaders Meeting will be held at 6 PM Leaders and volunteers who assist leaders are asked to attend The 4-H Council meeting will be at 6:30PM Pere Marquette District Library in Clare, MI

## CONTACT US

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#### **WEBSITE:**

canr.msu.edu/clare/clare\_coun ty\_4\_h/

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facebook.com/clarecounty4H



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## **4-H YOUTH LEADERSHIP OPPORTUNITIES**

#### MICHIGAN STATE UNIVERSITY Extension

## Shout Out to Our Clare County 4-H Ambassadors!



Mikayla D. (left) and Allison W. (right) leading pledges at the rabbit show during the Clare County Fair 2023



Linde D. (left) and Jane K. (right) leading pledges during the Clare County Fair 2023



Hayley N. assisting young participants at the Clare County Fair 2023.

These Clare County 4-H Ambassadors have shown pride, commitment and determination over this past year. They represent and promote the 4-H program in our community by showing up and making a difference.

4-H Ambassadors, Thank you all for everything you do!





Jennifer D. (left) and Grace T. (right) leading pledges at the dog show during the Clare County Fair 2023.

Grace T. (left) and Allison W. (right) leading with the 4-H Flag at the Clare Irish Festival 2023.

## How Can You Become a 4-H Ambassador?

There are many opportunities throughout Michigan to serve in an ambassador role both at the county, state and project area levels. Work with your local 4-H Program Coordinator if you are interested in an opportunity.

#### **Clare County 4-H Ambassador Program**

To be considered at the local level you must either nominate yourself or someone must nominate you. To nominate yourself or someone else go to the 2022/2023 4-H Awards Nomination Form and complete the 4-H Ambassador Nomination Section by Friday, August 25.

https://docs.google.com/forms/d/e/1FAIpQLSdO2tucGOfCm 5J7YAWFZTw0LY62YWPbfEPLAE8M6eqtPcliAw/viewfor m?usp=sf\_link

**Did you know?** Multiple 4-H Ambassador Programs are available at the state and national levels! To learn more about these leadership opportunities go to: https://www.canr.msu.edu/4-h-ambassadors/

### 4-H Higher Education Scholarship 2023-2024 High School Seniors



The Clare County 4-H Council offers a \$500 scholarship to 3 seniors each year. Don't hesitate! See what the requirements are before it's too late to apply.

To learn more about how you can be eligible go to: <u>https://www.canr.msu.edu/clare/clare county 4 h/</u><u>grant-and-scholarship-applications</u>

#### Clare County 4-H Youth Leadership Council Annual Elections - Tuesday, September 26

Every year the young people of Clare County have this great opportunity to take on leadership roles that give them the skills and knowledge to bring change to their community.

#### Why join the 4-H Youth Leadership Council?

Do you dream of going places you thought you could never go? Do you desire change in your community? Do you want to be part of a group of people that set goals and work together? This council can be that and you can be a part of it!

#### What does the 4-H Youth Leadership Council Do?

The answer to this question is for you to decide! The beauty of 4-H is that the council can do anything as long as you have imagination, drive, and the will to support the goals the youth council creates together.

To learn more about this council and what been has accomplished in the past, go to:

https://www.canr.msu.edu/clare/clare county 4 h/ylc

## LOCAL 4-H NEWS & ANNOUNCEMENTS

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#### DEADLINE EXTENDED! Clare County 4-H Awards Nominations due Friday, August 25



Nominate yourself and others for the 2022-2023 Clare County 4-H Awards! Anyone can nominate. The deadline has been extended to Friday, August 25. You can nominate straight from your phone or computer. To learn more about the awards go to:

canr.msu.edu/clare/clare county 4 h/clare-county-4-h-awards

## **SHARE YOUR** 4-H MEMORIES

Share your photos from the 4-H Year 22-2 3 to be featured in the Clare County Video

Email to: warmusk3@msu.edu



2022-2023 4-H Honor Club Submit Your Club Credit Today!



Make sure to submit credit by the August 31st deadline

Learn more about the 4-H Honor Club System at: canr.msu.edu/clare/clare county 4 h/honor-clubs

## What Does the 4-H Council Do?

The success of the Clare County 4-H Program has been made possible because of the many dedicated volunteers we have in our community.

The 4-H Council oversees committees that are tasked with planning and organizing events, finances and fundraisers, scholarships and grants, Cloverbud program, 4-H Ambassadors, and gardening at the fairgrounds.

## **Next 4-H Council Meeting**

September 27th at 6:30 PM Pere Marquette District Library Clare, MI

### **In Search of Event Planners & Helpers**

To get us in the spirit of the Fall Season, we are looking for your support to help us plan a couple of fun October 4-H events with games and crafts!



Text / Call Miranda at (231) 690 - 3824

## **4-H STATEWIDE NEWS & ANNOUNCEMENTS**

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### Recognizing Volunteers! New Award Program Open to Nominate All Year

To celebrate our volunteers, we are launching a new volunteer recognition program to recognize not only tenured volunteers but any volunteer or group of volunteers that have significantly contributed to the success of a program, event, or activity. We encourage you to think about all the ways that volunteers have made an impact in your communities and share their stories with us.

#### **Categories include:**

- Welcoming and supporting our youngest 4-H members and families through designing and delivering Cloverbud and/or public programming.
- Creating learning environments for older youth (aged 12-19) that improve their self-concept, personal agency, resilience, and community connectivity.
- Creating or expanding program opportunities for youth (aged 5-19) in local communities.
- Champion diversity, equity, inclusion, and accessibility, creating spaces of belonging and empowerment for Michigan youth of all identities.

#### Enter nominations at any time 52 weeks a year!

When you see them making a difference, going above and beyond or inspiring others give them a shout out and we will recognize them.

https://msu.co1.qualtrics.com/jfe/form/SV\_9BU4 LiLIsLIEdAG

Nominations submitted by July 31 of each year are eligible for the Salute of Excellence Awards.

## **4-H Online New Year Enrollment**

At noon on August 31, 4-H Online will not be accessible for families and volunteers.

#### 4-H Online will reopen on September 15, 2023

## Go to https://www.4honline.com to enroll

#### ONLY 4-H GOLD VOLUNTEERS ARE REQUIRED TO ENROLL 4-H ONLINE

Club leaders, project leaders, and resource volunteers that are at gold volunteer status need to be registered on 4-H Online.

## **IMPORTANT VOLUNTEER INFO!**

If you are not a volunteer that is 21 years or older and frequently work one-on-one with 4-H youth it is *critical* that you become a gold volunteer.

**Already a Silver volunteer?** It is important for you to be a gold volunteer if you are frequently assisting in a 4-H club.

# September 4-H Shooting Sports Adult & Teen Instructor Training in Owosso

We are excited to announce that we have opened registrations for the 4-H Shooting Sports Adult and Teen Instructor Training that will be held September 16-17, 2023 in Owosso. This workshop will feature shotgun, rifle, archery, muzzleloading, and coordinator training sessions. Gold Volunteers and teens (14 & up) may register for one of these disciplines. Participants must attend both days and complete viewing the 3 modules in Volunteer Central prior to attending.

\$130.00 - Registered Adults that have completed the Volunteer Selection Process, 4-H teen volunteers and MSU Extension staff. Please note this fee does not include lodging.

#### Register at:

https://events.anr.msu.edu/SSInstructorFallWorkshopOw osso/

There are a limited number of \$100 scholarships to assist volunteers in attending. Contact Jennifer Weichel, <u>weichel@msu.edu</u>, to find out more about scholarships.

We have a block of rooms reserved at a discounted rate at the Quality Inn in Durand, approximately 15-20 minutes from the workshop site. Reservations must be made by calling 989-288-0638; the block price is for lodging on September 16th. You must call to make your room reservation to receive our special pricing; it will not be honored through online reservation portals. Our block of rooms is on hold until September 1 so you must reserve your room by this time. Rooms are being held under the name Jennifer Weichel. You are responsible for payment of your room and any fees associated with your stay. The cost per night is \$65 plus taxes.

#### Local scholarship funds may be also available from the Clare County 4-H Council. Learn more about how to request these scholarships at

https://www.canr.msu.edu/clare/uploads/files/make.a.wis h.app+revisions+08.18.23.pdf

## Find Out More! Statewide 4-H Scholarships

There are some *great* opportunities that 4-H and MSU Extension offer. Don't miss out on the chance to receive funding! 4-H is here to support your goals and dreams.

Go to:

https://www.canr.msu.edu/4\_h\_scholarships\_and\_recogni tion\_program/4\_h\_scholarships

#### Contact the 4-H Program Coordinator to begin the Gold Volunteer Process Why is being at gold status so important?

For the safety of our 4-H members. Any adult who has the opportunity to develop relationships with youth **must be screened.** 

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# Share Your <u>4-</u>H Story!



To help share this impact with others, we're looking for youth and 4-H alums to share their own testimonials of how 4-H has influenced their personal growth and development.

Submissions will be posted on the Meet Michigan 4-H'ers section of the MSU Extension website and promoted digitally in newsletters and social media.

To learn more and download the guidelines, visit <u>www.canr.msu.edu/4h/meet-michigan-4-h.</u>



Available on Video!

Are you looking for something to do on a rainy day? The Wild Spartans have you covered! Did you know that every session of our 4-H Wild Spartans is recorded and available on our website? View on your own time and learn about careers working in natural resources from professionals who share their experiences in the field, the education and career path they've followed, and offer tips for youth!

#### Check them out here:

https://www.canr.msu.edu/environmental\_out door\_education/wild-spartans-series

## Welcome Back MSU 4-H Alumni Reception

September 6 - 5:30 to 7:00 PM

Justin S. Morrill Hall of Agriculture, East Lansing

If you are a current or former 4-H'er attending MSU this fall, stop by outside the Justin S. Morrill Hall of Agriculture from 5:30 - 7:00 p.m. for networking and free dinner!

www.canr.msu.edu/events/msu-welcome-week-4-h-alumni-reception

## 4-H Shooting Sports Workshop

September 16 - 17

Shiawassee Conservation Association, Owosso

Adult and teen 4-H volunteers can learn about 4-H shooting sports' mission policy, risk management and safety, discipline-specific equipment use and care, how to teach shooting fundamentals to youth, range set-up, and more.

www.canr.msu.edu/events/4-h-shooting-sports-workshop-owosso-1

#### Adulting 101 - How to Tell Principals & Politicians They are Full of Poop While Being Polite

#### September 18 - 5:00 to 6:00 PM

Online

This session will provide some skills and practice on how to influence people in power to make change in your community and world. <u>www.canr.msu.edu/events/adulting1019-18-23</u>

### Michigan 4-H Volunteer Webinar Series - Spice up Your 4-H Experiences with 4-H Resources

#### September 21 - 12:00 to 1:00 PM & 7:00 to 8:00 PM Online

This session will explore a variety of resources that 4-H volunteers can use in meetings to support Michigan 4-H'ers.

**12-1 p.m. session:** <u>www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-spice-up-your-4-h-experiences-with-4-h-resources</u>

**7-8 p.m. session:** <u>www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-spice-up-your-4-h-experiences-with-4-h-resources7pm</u>

#### MI 4-H Foundation Annual Membership Meeting September 29 - 10:00 AM to 1:00 PM

*Kellogg Hotel & Conference Center, East Lansing* Agenda items include 2023 president's report, audited financial statement report, trustee elections, and recognition of major donors to Michigan 4-H within the past year.

http://www.canr.msu.edu/events/michigan-4-h-foundation-annualmembership-meeting

## Michigan 4-H Day at the Capitol

October 4 - 11:00 AM to 1:00 PM

Heritage Hall, Lansing

Education and awareness event to elevate knowledge of Michigan 4-H and to share the impact of its programming across Michigan. <u>http://www.canr.msu.edu/events/michigan-4-h-day-at-the-capitol</u>

# Check Out the MSU Extension Events Calendar for More Opportunities!

There is no better way to stay up-to-date with MI 4-H and MSU Extension programming better than *this* events calendar. Select "All Events" and add in a Start Date to search for upcoming statewide opportunities. https://www.canr.msu.edu/outreach/events

# **STATEWIDE 4-H NEWS**

## National 4-H Week: October 1-7, 2023

Fore more than 100 years, 4-H has inspired families, shaped careers, and impacted communities. From October 1-7, we will celebrate the impact of 4-H during National 4-H Week. The theme of this year's National 4-H Week is "I 4-H." As you plan ahead for how you will mark National 4-H Week in your community, here are some ideas of you can celebrate 4-H and show all the ways you 4-H !

**Wear Your 4-H Gear** — Nothing says 4-H pride like a 4-H tee! Dress yourself (or the entire family – pets included!) in 4-H green and clover gear.

**Shout-Out a 4-H'er** — Recognize the hard work and dedication of 4-H'ers by shouting out one youth or an entire club on social media, in a local newspaper or other media.

**Storefront Displays/Information Booths** — In some communities, you can ask local businesses to display 4-H posters, flyers, showcase the work of 4-H'ers, or host a table to share information about your local 4-H program.

**Become a 4-H Volunteer** — If you are a 4-H alum, parent or recent 4-H 'graduate', you might be looking for ways to connect with 4-H. Consider giving your time to a local 4-H program by becoming a volunteer.

**Share Your 4-H Story** — Take to social media to share a 4-H memory, express how 4-H shaped who you are today, describe what 4-H means to you, post an old 4-H photo, or shout-out your 4-H club.

Have a 4-H Reunion — Gather your old 4-H friends and spend some time together reminiscing on your 4-H experience or recreate a 4-H project together!

**Send a 4-H 'Thank You'** — We all have a reason to thank our local 4-H staff, leaders and supporters. To show your appreciation, send a handwritten 'thank you' note to someone who has supported youth and made a difference.

**Raise Awareness** – On October 4, Michigan 4-H and MSU Extension will be hosting the first Michigan 4-H Day at the Capitol. Join this exciting education and awareness event to help elevate knowledge of Michigan 4-H and share the impact of its programming across Michigan. Learn more at <u>www.canr.msu.edu/events/michigan-4-h-day-at-the-capitol</u>.

**Give Back** — Local programs are always looking for resources to continue growing 4-H for the future. Help programs thrive by making a donation at <u>https://mi4hfdtn.org/countymatch/</u> that can help support your county 4-H program.

Adapted from: https://4-h.org/about/blog/10-ways-to-celebrate-national-4-h-week/ .









MSU EXTENSION: CHILD AND FAMILY DEVELOPMENT

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#### **Extension Extra's Parenting Hour**

Free online parenting workshops that provide guidance for parents of young children as they navigate the challenges, concerns, and joys of parenting. Participants may register for as few or as many workshops as they wish. The workshops are on Tuesday evenings from 8:00 to 9:30PM EST. *View upcoming classes and register at:* 

https://msu.zoom.us/webinar/register/WN\_J46cn BPnQLWjDeTk2gs59g#/registration

# Guiding Principles for Highly Successful Parenting

Are you wondering how to gain greater cooperation from your children? Struggling with chores or routines? Not sure how to handle discipline issues? Join us for this five-week parenting education series for parents with children of all ages will explore developing routines, emotional control, rules and relationships, and being a calm, assertive parent. The workshops are on Thursday evenings from 8:00 to 9:30PM EST. *View upcoming classes and register at:* 

https://msu.co1.qualtrics.com/jfe/form/SV\_6XRer oOy9fS0mKa

### **Building Early Emotional Skills**

Are you having trouble with biting, tantrums or the "terrible twos?" Building Early Emotional Skills (BEES) is a four-week class for primary caregivers of children 0-3 that teaches about how young children develop social emotional skills and helps give caregivers skills to deal with the stress of caring for children and help their children develop strong social emotional skills. BEES will help you learn about:

- Your child's temperament and stress
- Your triggers and how to manage them
- Being reflective about feelings and emotion coaching
- Reducing biting, conflict and frustration and handling tantrums

The workshops are on Monday evenings from 8:00 to 9:30PM EST. *View upcoming classes and register at:* 

https://msu.co1.qualtrics.com/jfe/form/SV\_a3kR YVCkbQld1pc

## **Additional Resources**

Michigan State University Extension has partnered with Cooperative Extension in other states to provide more resources and classes for you! Check out Fit and Healthy Kids at: <u>https://fitandhealthykids.unl.edu/</u>

## **Questions?**

Contact Courtney Aldrich, Program Instructor, Child and Family Development at: <u>aldric82@msu.edu</u>

## Early Childhood Professional Development Classes

These free online classes provide professional development training hours for early childhood professionals. Credit in the MiRegistry system is available.

#### How Children Develop

August 25th, 1:00 to 2:30PM Register at: <u>https://msu.zoom.us/webinar/register/WN\_VLYBmjHlR-</u> <u>qzBK-PRCn0Gg</u>

#### In-Person Workshop - Including All of Us

an intensive training to provide an opportunity for child care professionals to learn about issues of diversity, equity and inclusion in early childhood. Participants learn about ways they can incorporate anti-bias education into their work with young children and create environments of equity for all children.

To schedule the free program at your location contact Vivian Washington at <u>washi138@msu.edu</u>

### **Online Self-Paces Classes**

These free online classes can be completed on your own at your own pace.

#### **Positive Discipline**

Helping young children learn self-control is important to their ability to be successful citizens now and in the future. Positive Discipline workshops help adults learn how their role in creating appropriate environments and experiences can strengthen that development. This class has a "parent and caregiver" track and a "professional" track. Certificates of attendance are available for all who take the class and professional development training hours are available for early childhood professionals. Credit in the MiRegistry system is available. *Register at:* https://www.canr.msu.edu/courses/positive-discipline-

online-course

#### Infant Safety

MSU Extension has partnered with the <u>Livingston County</u> <u>Child Abuse Prevention Council</u> to create a self-directed online infant safety course called "Sleeping, Crying, Driving." This three part course contains videos and interactive content on infant safe sleep, how to handle extended infant crying and guidelines for transporting your child safely. A certificate of completion is available for those who need proof of attendance. Credit in the MiRegistry system is available. Register at:

https://www.canr.msu.edu/early\_childhood\_development /infant-safety/

#### **MI Parenting Resource**

This free, online program is meant to support caregivers across the state in strengthening their parent-child relationships and gaining new tools for enhancing positive child behaviors.

Register at: https://miparentingresource.org/

## LOCAL 4-H EVENTS CALENDAR

AUGUST	
Friday, August 25	4-H Award Nominations are Due
<u>canr.msu.edu/clare/clare_county_4_h/clare-county-4-h-awards_</u>	
Thursday, August 31 Fir	al Day to Submit 4-H Honor Club Credits
canr.msu.edu/clare/clare county 4 h/honor-clubs	
SEPTEMBER	
Friday, September 15	4-H Online Enrollment Opens
https://4honline.com	
Friday, September 22	4-H Award Applications are Due
Applications will be mailed and emailed.	
Tuesday, September 26 - 6:30 PM	4-H YLC Annual Elections
Pere Marquette District Library - Clare, M	11
Wednesday, September 27 - 6:00 PM	4-H Leaders Meeting
Pere Marquette District Library - Clare, MI	
Wednesday, September 27 - 6:30 PM	4-H Council Meeting
Pere Marquette District Library - Clare, MI	
OCTOBER	
Date to be determined	4-H Day - Fall Festivity
Miranda will contact The Wild Pumpkin & The Fruitful Orchard for available dates	
Date to be determined	4-H Trunk or Treat
Discussion to be held at the September 4-H Council meeting	
Date to be determined	4-H YLC Fall Social - Meet Your Officers
Tuesday, October 24 - 6:30 PM	4-H YLC Meeting
Pere Marquette District Library - Clare, N	11
Wednesday, October 25 - 6:00 PM	4-H Council Meeting
Pere Marquette District Library - Clare, MI	
NOVEMBER	

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**Clare County 4-H Awards Celebration** 

Arthur Center Church of God - Clare, MI

Wednesday, November 1 - 6:30 PM